



**PRESS RELEASE**  
**For Immediate Release**

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## **The Woodstock Academy partnering with Harrington HealthCare System for School-Based Behavioral Health Clinic**

WOODSTOCK, CT (February 1, 2019) – Through a new collaboration with Harrington’s Child and Family Services, The Woodstock Academy will now offer a school-based behavioral health clinic.

Beginning in February, students at The Academy will be able to access services on campus and during the school day. Harrington’s Child and Family Services offers comprehensive outpatient psychotherapy and medication management as well as social workers who are trained to help navigate emotional and behavioral challenges.

Christopher Sandford, Head of School at The Woodstock Academy, said “We are very excited to partner with Harrington Physician Services to provide another resource to those students who choose to attend The Academy.” Sandford continued, “At The Academy we support a coordinated care approach when working with students which means partnering with community services, families, and our school staff to ensure the physical, mental, emotional, and social well-being of our students. Our mission as an institution aligns with the overall mission of Harrington and we are honored to be partnering with them.”

Bobbie-Jo Saucier, Director of Health Services at The Academy, stated, “There has been significant evidence which shows how mental health shapes academic outcomes, behavior, and the school environment. We look forward to the partnership with Harrington and how we can continue to offer the best services to meet the needs of our students and the mission of The Academy.”

Harrington’s Child and Family Services offers school-based services in many of its surrounding Massachusetts school districts including, Southbridge, Tantasqua, Dudley/Charlton and Spencer. The Department has also recently established relationships with several Connecticut-based school programs that will be starting in 2019.

“Our school-based therapy program is a unique approach to offering support services for students in our local communities,” said Director of Mental Health Katie Adams, LICSW. “We provide flexible availability during daytime hours and eliminate the need for parents to miss time out of work or make after-hours appointments. Offering school-based services mean kids are more likely to get the services they need when they need them, and we are really excited to partner with The Woodstock Academy in this way.”

Services may include medication management, intake evaluations, one on one counseling, family counseling, and group therapy around topics of anxiety, stress management, image and self-respect, and more, which can all be scheduled flexibly around a student's schedule.

These new services will be available to all students who attend The Woodstock Academy including students who live locally in northeastern Connecticut and southern Massachusetts and students who come from 21 different countries and 13 states and live on campus.

The Woodstock Academy will offer a Family Education Series about the new partnership and services at 5 p.m. on Wednesday, February 13 in the Bracken Memorial Library on North Campus.

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*The Woodstock Academy is an independent, day and boarding, co-educational, college preparatory high school for grades 9–13 located in Woodstock, CT. The mission of The Woodstock Academy is to prepare all students by providing diverse opportunities through a rigorous curriculum and a variety of programs in order to cultivate the necessary skills to become lifelong learners and global citizens.*

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